

**Follow these links for the latest information on
Seasonal Flu
&
Novel H1N1 Influenza**

All persons over the age of six months are eligible for the Seasonal Flu Vaccine. Please, plan to get your Seasonal Flu vaccine unless your physician advises against taking the vaccine.

Please do not be concerned if you are not on the priority list for receiving the H1N1 Vaccine. I have attended updates, and feel confident that the plan for the upcoming flu season is a good one. If you have questions about the priority list, contact your parish nurse. (My phone number is in the blue church directory.) The gray box at the center top of this link is subject to change. You can click on the link to receive email updates:

<http://www.flu.gov/vaccine/index.html>

Poster: CDC Says "Take 3" Steps To Fight the Flu

<http://www.cdc.gov/flu/professionals/flugallery/2008-09/pdf/Take3.pdf>

Poster: Do You Feel Sick

http://www.flu.gov/professional/school/stopposter_small.pdf

Brochure: Seasonal & Novel H1N1 FLU: Guide for Parents

http://www.cdc.gov/flu/professionals/flugallery/2009-10/pdf/pan_flu_brochure.pdf

Henry the Hand Poster

http://www.henrythehand.com/pages_blocks/images/links/TZoneH1N18x11Eng.pdf

Henry the Hand [song]

<http://www.henrythehand.com/>

General Information & Updates on all influenza:

<http://www.flu.gov/>

CDC Recommendations for the Amount of Time Persons with Influenza-Like Illness Should be Away from Others.

<http://www.cdc.gov/h1n1flu/guidance/exclusion.htm>

